



ME Recipe: Baked Mahi Mahi with Cilantro Lime Sauce

Ingredients:

- 1 lb mahi mahi filets
- 1 tbs extra virgin olive oil
- 1 small bunch organic cilantro, minced
- 2 garlic cloves, minced
- Juice from one lime
- Sea salt to taste

Directions:

Preheat oven to 400 degrees. In small pan, sauté olive oil, cilantro, garlic and lime juice for about 5 minutes, or until cilantro is slightly wilted. Place fish in a glass baking dish, and salt to taste. Spoon olive oil mixture over fish, and bake for 15 minutes, or until fish flakes easily.