



ME Recipe: “Crockpot Apple Cobbler”

By: Vanessa Burgess

Ingredients:

- 2-3 cups peeled & chopped Granny Smith Apples
- 2c (raw measure) old-fashioned rolled oats (I like Bob’s Red Mill the best)
- Cinnamon
- < 1/4c honey
- 4 tbsp full fat coconut milk (from can)
- 1 tbsp real butter

Directions:

- Combine all ingredients in a large bowl, making sure everything is distributed evenly
- Transfer to crockpot, cover, and cook on lowest setting for around 4-5 hours (times will vary depending on how you like your apples)
- Be sure to stir once or twice while cooking