



ME Recipe: Chicken Meatloaf

Ingredients:

- 1 ½ ground chicken breasts
- 2 chopped stalks of celery
- 1 chopped pepper (we like using half each of red/green/yellow/orange)
- 1 onion chopped
- 3 whole eggs
- 2 tbs fresh chopped dill
- ½ tsp sea salt
- ¼ tsp of black pepper
- 2 tsp mustard

Directions:

Preheat the oven to 350 degrees. Saute the celery, pepper and onion together in a separate pan for a few minutes. Place the mixture in a bowl and add the chicken, eggs, dill, salt, pepper and mustard and mix by hand. Feel free to add ketchup or bar-b-que sauce to outside of the loaf before it is cooked. Bake for 60-75 minutes.